

## Fall 2020 Session Proposals : Entry # 604

### Working Session Title

Reframing the Career Decision Making Process

### Presentation description (short paragraph)

We know that the career decision making process can evoke feelings of anxiety and fear for our students. This presentation will provide ways that advisors can help students transition from a deficit mindset to a growth mindset by re-framing how students look at career decision making. Through the use of resources and career theory, we hope to empower our academic advisors to begin these conversations with students.

### Learning Outcomes (2-5)

- 1.) Inform advisors with theory related to career planning and decision making (C3/C4)
- 2.) Provide resources relevant to career planning and decision making (I5/I6)
- 3.) Inform advisors with strategies for collaboration with campus partners (R2)
- 4.) Provide information and conversational tools to use within advising appointments to dispel myths and preconceived ideas, transition from a fixed to a growth mindset, and increase student self-efficacy regarding career planning and decision making (R4/R6)

### Presenter(s)

Presenter Name (first last)	Presenter College/Unit	Presenter Email
Njyhalo Pavati	Center for Career Development and Academic Exploration	npavati@utk.edu
Katie Wiley	Center for Career Development and Academic Exploration	kperry20@utk.edu

### Is your presentation UT specific?

NO

### Is Your Presentation Directly Related to Academic Advising?

Yes

### NACADA Pillars (select all that apply)

- Conceptual
- Informational
- Relational

### Advising Model Component

Career Exploration

### Type of Session (select one)

Presentation

### Session Needs (select all that apply)